



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

August 14, 2020

Dear Valued YMCA Member:

It's been such a joy seeing many of you back here at the Y and we hope to see many more of you in the coming days! Taking care of our health is more important now than ever before. At the Y, we're here to help you stay active and healthy and improve your well-being in spirit, mind and body.

Please remember we are only open to you, our loyal members, and are not allowing guests at this time. We would like to let you know what we are adding to the schedule in our next phase of reopening.

Starting August 17th, the pool schedule will open up to allow additional lap swim hours (by reservation). We are starting family swim (open swim) hours on Monday & Wednesday afternoons from 4:00-6:30pm and Saturdays from 11:00-12:30pm. Members do not need to make reservations for this swim time. We ask that you maintain social distancing from members you did not come in with. There will still be one lane open for lap swimmers (reservation required). Swim lessons have begun and will continue in September.

The Wellness Center and Camin Group Exercise Room continue to be open with equipment being spaced for distancing. Our Wellness staff has begun seeing members for the Cardiac Direction & Breathing Easy programs. We have added indoor and outdoor fitness classes.

Our Summer Preschool and Day Camp groups are going well. The youth are so happy to be with their friends, be engaged in learning and having fun! The campers are enjoying our community park every day! As the new school year approaches, we will be offering a "New Age School Age Program" to assist families who need care while the children are not in their classrooms.

As we continue to navigate through our reopening phases, we are following the CDC's guidelines and Governor Wolf's suggestions and mandates to keep our staff, members and program participants safe.

While we can't predict how long the COVID-19 crisis will last, or whether it will be necessary to close facilities and programs again in the future, we are committed to doing whatever is necessary to ensure your safety.

All of us delight in seeing you come through our doors every day and we hope to continue serving your needs and those of the community!

Please call or email if you have any questions about all that we have happening at the Y.

The Staff at the Greater Carbondale YMCA

GREATER CARBONDALE YMCA
82 N. Main St., Carbondale PA 18407
P: (570) 282-2210 F: (570) 282-3579

www.greatercarbondaileyymca.org
email - info@greatercarbondaileyymca.org

GREATER CARBONDALE YMCA - PHASE 2 FACILITY REOPENING PLAN

**PHASE 2 REOPENING PLAN IS SUBJECT TO CHANGE WHEN DEEMED NECESSARY*

Facility Hours: Monday-Friday 5:30am – 7pm | Saturday 7am – 1pm | Sunday CLOSED

PEOPLE:

- All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working in facilities
- Only Greater Carbondale YMCA members may enter the facility (no guests or nationwide members)
- Members will be screened before entering facility (health questions and temperature checks)
- Members self-scan upon entry (staff will not handle cards, phones, or any other person's belongings)
- All staff, members and vendors will be asked to wash and/or sanitize hands upon entry and exit
- Staff will be asked to wash their hands frequently
- Numbers will be controlled throughout the building (50% of area capacity)
- Staff & Members are required to wear PPE (ex. mask, gloves) while in the building (not while swimming)
- Children in childcare are completely segregated from members
- All staff, members and vendors who are unwilling to comply with the Y's COVID transmission prevention measure will be asked to leave the facility immediately

FACILITY:

Entire facility will be cleaned and disinfected frequently, throughout the day and after closing each day with EPA approved cleaning supplies. Membership dues needs to be on automatic withdrawals from debit/credit cards or checking accounts. For the time being, if you are unable to do a draft, payments must be in the form of a check or money order.

AREAS OPEN WITH RESTRICTIONS:

- Wellness Center & Camin Exercise Room: Cardio and strength areas open with significant restrictions on capacity and activities
- Totsky & Mancuso gyms: open for individual workouts only on Saturdays with social distancing; no team play
- Pool phased opening with limited hours. Lap swim by reservation, family open swim with social distancing
- Daily Childcare separated from general membership
- Seating area significantly reduced to prevent gathering
- Lobby Areas: Furniture repositioned to be at least six feet apart

CLOSED AREAS:

- Steam rooms and Saunas
- Baby Sitting for members
- Water fountains
- Basketball Gyms (Mon. – Fri. used for Day Camp)

ACTIVITIES & PROGRAMS:

- Some group activities (group exercise classes, swim lessons, water aerobics, family open swim, Active Older Adults Programming, evening pickle ball) have resumed (check our website for schedules).
- All other youth programs are canceled.