

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Y-CYCLE</b> 6:15-7:00am w/ Craig		<b>Y-CYCLE</b> 6:15-7:00am w/ Craig		
<b>PICKLE BALL</b> 5:30-8:30am	<b>H2O</b> 9:00-9:45am w/ Jennifer	<b>PICKLE BALL</b> 5:30-8:30am		<b>PICKLE BALL</b> 5:30-8:30am	
<b>WATER FITNESS</b> 9:30-10:15am w/Jeremy		<b>WATER FITNESS</b> 9:30-10:15am w/Jeremy	<b>H2O</b> 9:30-10:15am w/ Jennifer	<b>WATER FITNESS</b> 9:30-10:15am w/Jeremy	<b>ZUMBA</b> 9:00-10:00am w/Carol
<b>CORE FIT</b> 10:00-10:45am w/ Kim	<b>SILVER SNEAKERS</b> 10:00-11:00am w/ Mary	<b>CHAIR YOGA</b> 10:30-11:00am w/ Kim	<b>SILVER SNEAKERS</b> 10:00-11:00am w/ Mary	<b>CORE FIT</b> 10:15-11:00am w/ Kim	<b>PICKLE BALL</b> 10:00-12:00pm
ENHANCED FITNESS ARTHRITIS CLASS 10:00-11:00am		ENHANCED FITNESS ARTHRITIS CLASS 10:00-11:00am		ENHANCED FITNESS ARTHRITIS CLASS 10:00-11:00am	
<b>WALKERCISE</b> 11:00-12:00pm w/ Kim	<b>ZUMBA GOLD</b> 11:00-11:45am w/ Susan	<b>WALKERCISE</b> 11:00-12:00pm w/ Kim	<b>ZUMBA GOLD</b> 11:00-11:45am w/ Susan	<b>WALKERCISE</b> 11:00-12:00pm w/ Kim	
	<b>WATER FITNESS</b> 1:00-1:45pm w/Jeremy		<b>WATER FITNESS</b> 1:00-1:45pm w/Jeremy		
<b>R.I.P.E.D</b> 5:30-6:30pm w/ Jennifer	<b>ZUMBA</b> 5:00-6:00pm w/ Carol	<b>CARDIO STEP</b> 6:00-6:45pm w/ James	<b>ZUMBA</b> 5:00-6:00pm w/Nadine		
<b>WATER FITNESS</b> 6:30-7:15pm w/ Jake	<b>PILATES</b> 6:00-7:00pm w/Patti		<b>BIKE CLUB</b> 6:00-6:45pm w/ James		
<b>YOGA</b> 6:30-7:30pm w/Donna	<b>Y-CYCLE</b> 7:00-7:45pm w/ Patti		<b>WATER FITNESS</b> 7:15-8:00pm w/ Robin		
	*Men's Basketball League - 7-9PM	*Men's Basketball League - 7-9PM	*CoEd Volleyball Open Play 7-9PM		<b>REVISED</b> <b>7/25/18</b>

Subject to change and/or substituted.

Classes with less than 10 participants are subject to cancellation.

*FITNESS ON DEMAND IS AVAILABLE IN CAMIN GROUP EXERCISE ROOM ALL/EVERY DAY, (unless there is a class)*