

**July 12, '11**

**“A good deed should never go unnoticed!  
One day, in June, I was working out in the Y gym  
while my 2 children (ages 12 & 13) were  
swimming in the pool. The fire alarm went off  
and we were escorted out of the building.**

**Once outside, I did not see my children and  
became panicked. The fire departments arrived  
and it was a real call.**

**I ran around to the side of the building  
frantically looking for my children. My son is  
mild autistic and loud noise upsets him.**

**This is where I see Joe, the lifeguard, caring for all the kids from the pool. He had a blanket on my son, comforting him, and had my daughter right by him.**

**Joe is my hero. He took a situation of a panicked mom and put me at ease. YOU ROCK JOE!**

**There has never been a rude word or bad attitude from ANY employee at the Carbondale YMCA. All go 'out of their way & then some' to help you.**

**This is my 2nd year at Carbondale and all I can say is 'Good job, and glad we joined!'"**

**“I truly enjoy being a lifeguard at the Greater Carbondale Y. Knowing that Ms. Best fully trusts me with her kids is very humbling and is something I cannot explain.**

**I love helping people out whether it’s in swim lessons, my aquatic workout class, or open swim.**

**If you ever see me and you have a question or need help, don’t hesitate to stop me and ask!”**

**~ ~**

**Joe Jablonowski**